



MAGNOLIA PHYSICAL THERAPY AND AQUATIC REHAB CENTER

Rules and Regulations for Aquatic Therapy Program

Thank you for choosing Magnolia Physical Therapy and Aquatic Rehab Center for your aquatic therapy needs. In order to make your therapy session run as smoothly as possible, please review the rules and regulations below:

PLEASE:

1. Schedule or re-schedule your appointments by phone or in person and indicate that you are an aquatic therapy patient, in the Maintenance Program or have a class membership.
2. Sign-in and out on the sign-up sheet in the pool area. Patients must sign in at the front desk also.
3. In order to make sure that you receive your full treatment time, we ask that you arrive at your appointment early enough to sign in, change into your swimsuit (if needed) and enter the pool at your treatment time.
4. **Patients and Maintenance Program Participants:** We provide towels and aquatic shoes for your convenience. We request that all aquatic participants wear aquatic shoes for your safety. If you wish to bring your own aquatic shoes, please tell the attending PT/PTA/Instructor. **Class Members:** Please bring your own towel and aquatic shoes.
5. Outside storage units are available for personal belongings.
6. Please shower prior to entering the pool.
7. Please use caution on all surfaces as the changing room floors and pool deck may be wet.
8. **Absolutely NO RUNNING or DIVING allowed.**
9. Wear appropriate swimming attire. We do not recommend cotton T-shirts as they may float and inhibit visibility. Cotton tank tops are acceptable.

General Information:

1. The average pool temperature is 92° F.
2. Your Aquatic Therapy sessions will last approximately 30 minutes to 1 hour at the therapists discretion.
3. Class fees are on month to month basis. Make up classes may be permitted in same month if available.
4. Patients with diabetes must have medication or glucose tablets near the poolside.
5. **Patients or Class Members with open wounds, infections of any kind, uncontrolled bladder/bowel incontinence, elevated blood pressure, decreased lung capacity or oxygen saturation less than 96%, uncontrolled seizures or uncontrolled heart conditions are NOT permitted in the water.**

Please sign and date if you agree with the above Rules and Regulations