

# **The Science and Practice of BIG:** **Empowering People with Parkinson disease**

- Who:** People with Parkinson disease and their family and friends
- What:** A two hour interactive symposium for people with PD. A 1-hour lecture will be presented by world experts in physical therapy for people with Parkinson's Disease (see below). This will be followed by an interactive session with physical/occupational therapists practicing Parkinson-specific physical exercises (LSVT®BIG).
- Where:** **Hoag Health Center Newport Beach**  
520 Superior Avenue, Suite 100  
Newport Beach, CA 92063  
Maps/directions: <http://www.hoaghospital.org/pvinfo/Directions>
- When: Sunday, February 28, 2010**  
12:30 - 1:30 p.m. Lecture and Refreshments (detailed below)  
1:30 - 2:30 p.m. Interactive demonstration with LSVT®BIG.

**Please RSVP to LSVT Global at**  
**1-888-606-5788** (toll free); **1-520-609-5363** (direct phone);  
**1-206-202-4214** (fax); or **info@LSVTGlobal.com** (email)

This symposium is offered FREE OF CHARGE; registration limited.

**Lecture Summary:** This presentation will: 1) describe the creation and efficacy data of an efficacious speech therapy treatment (LSVT LOUD), 2) discuss application of principles of LSVT® to intensive whole body amplitude-based training protocol for individuals with Parkinson disease (LSVT®BIG), and 3) discuss solutions to enhance accessibility of efficacious treatment for all people with PD who can benefit.

## **SPEAKER BIOS**

Becky Farley, PhD, MS, PT is an Assistant Professor in the Department of Physiology at the University of Arizona in Tucson, Arizona and has over 25 years of clinical experience in neurological physical therapy in adults and children. Dr. Farley developed LSVT® BIG and completed an NIH funded randomized clinical trial documenting its' short-term efficacy (3-months). Dr. Farley has a research focus in the areas of dual task function and in the use of technology to enhance learning and track motor performance.

Claire McLean, DPT, PT, NCS graduated with a doctorate in physical therapy from the University of Southern California and is a board certified neurological specialist. She has specialty training through the University of Southern California/Rancho Los Amigos Neurologic Physical Therapy Residency program.